

Spicy Play Dough Recipe

You will need:

2 cups of plain flour

2 tablespoons of vegetable oil (baby oil and coconut oil can be used as alternatives)

½ cup salt

2 tablespoons of cream of tartar

1 to 1 ½ cups of boiling water (add slowly, you may not need all of it)

Gel food colouring (optional)

Dessert spoon of either turmeric, ginger powder, nutmeg or cinnamon.

Steps:

1. Mix your flour, salt, cream of tartar and oil in a large mixing bowl.
2. Separately, add food colouring, if you are using it, to your boiling water.
3. Add the coloured water to your dry ingredients. Add the water slowly until the consistency looks right (you can add more flour later if needed).
4. Add your chosen spices.
5. Mix well, stirring continuously until it becomes a sticky, combined dough.
6. Allow your mixture to cool down.
7. Remove the mixture from the bowl and knead it well for a few minutes, until the mixture doesn't feel sticky anymore.
8. If needed, add more flour to help prevent the stickiness.
9. Play!

*You can keep your playdough for longer by wrapping it in clingfilm to keep it from drying out.